




JILL HAIRE

MENTAL HEALTH COUNSELOR • AUTHOR • COMMUNITY LEADER •
MOTIVATIONAL SPEAKER • ADDICTION SURVIVOR • MEDIA PERSONALITY

CONTACT:

JILL@JILLHAIRE.COM
(407) - 340 - 6074



*"We cannot afford for
emotional intelligence to
be reduced to just a
simple extracurricular.
It is the foundation of
humanity and the
binding of civilization."*

-JILL HAIRE

JILL HAIRE:

THE PERSON

Authentic and knowing, Jill utilizes her life experiences and extensive education to provide counseling and to teach and support self-empowerment to as wide an audience as possible.

Now in her 22nd year of recovery, Jill is living proof that the many obstacles of life can be overcome when given the right tools. Jill underwent deep therapy for two years prior to becoming a counselor. Her personal understanding of addiction, relationships, and the unending need for emotional literacy provided the basis for her private therapy practice, **Free Flow Counseling**, and the creation of her **Relax on Impact™** program, film, and book. **The Relax On Impact™** Program was launched and received through a proposal last June. It was then featured at Nova University in a Traumatology Symposium where it received with great praise and syndication.

- Licensed Mental Health Counselor
- National Certified Counselor
- Certified Addictions Professional
- Hospice Grief Counselor
- Published Author & Founder of **Relax on Impact™**, **The ROI Program**
- Relationship and Addictions Expert Guest on Television and Radio



JILL HAIRE INSTITUTE

FOR EMOTIONAL INTELLIGENCE

Affordable programs for mental health and emotional intelligence do not exist today in the United States of America. That is why Jill Haire and her team are launching a direct-to-consumer online school that will provide companies, law enforcement agencies, organizations, and individuals a brand new platform to embark on journeys of personal growth, emotional development, re-parenting, and self-discovery.

This academic content is engaging, entertaining, and created with emotional thinkers of all skill levels in mind. They are using the latest technologies and Jill Haire's unparalleled mental health curriculum to provide people with greater access to the tools and support required to cope with life's many challenges and the dynamics of 21st century relationships.

The Jill Haire Institute for Emotional Intelligence will be launching in early 2019 and is proud to be using some of the most sophisticated online schooling software available today.



"IN THAT MOMENT A
VOICE SPOKE TO ME:
'RELAX ON IMPACT'."

Purpose: To entertain, to educate and to inspire all who seek empowerment and freedom.

Motivation: Very few family or school systems teach skills such as anger management, emotional literacy or healthy personal boundaries and growth. People need training to release the power struggle of relationship addiction. This means learning to parent oneself and to unpack one's childhood. Learning communication and connection skills will allow individuals to "check in" rather than to "check out" from life.

The ROI Program: The six-hour audio-visual animated book and film is entertaining, educational and inspirational. The book and curriculums will be available for license for usage in schools/universities, detox facilities, residential treatment facilities, intensive outpatient treatment and in psychotherapist/practitioner offices, individuals, and other organizations/facilities.

TAKE A MOMENT, RELAX.

To understand Jill Haire and her **Relax On Impact™** philosophy, you must understand what motivates and inspires her. So for just a moment...take a deep breath. Life is about reflection. We must take a step back from ourselves in order to discover who we really are. Faith is a powerful thing and when you place others on a pedestal, especially those you love, you hurt yourself while denying them their humanity. Regardless of how well life may be going, you deserve the self-care that comes with a deep understanding of who you are and why you feel. Now, please take a moment and enjoy the two videos below which paint a picture of both of Jill's professional and philosophical vision.

